



2011 Mpumalanga WHASA Seminar Nelspruit Mbombela

THEME: COMPLICATED WOUNDS



WHASA members

The Mpumalanga WHASA wound care seminar was a great success this year. The Seminar was conducted on the 9th June 2011 at Rob Ferreira Hospital in Nelspruit/Mbombela. Eighty seven (87) delegates attended the seminar which included nurses, pharmacists, physiotherapists, etc. That was a great success as one of WHASA vision is to see multiprofessional team approach



in health care being implemented, esp. in wound care. The seminar conductors were WHASA EXCO member, Mr Thabo Mokhobo (RN, Jnr lecture, Wound Care Clinician at the University of the Free State), Sr Eva Lekwakwe (RN, Wound Care Clinician at Kunene Medicals) and Dr Gregory Weir (WHASA President, Vascular Surgeon at Eugene Maree hospital).



An Evidence based model of wound bed preparation (TIMES) incorporated with the WHASA product classification was clearly presented by Mr Mokhobo. That would help the health care professional who are in contact with wounds on daily basis to manage them comprehensively by (T) debriding when slough or necrotic tissue is present; (I) treating infection; (M) maintaining an optimum moisture on the wound bed; (E) observing wound edges for wound healing progress and (S) caring for surrounding skin.





Sr Eva presented the physiology of the development of pressure ulcers, prevention and management. The main emphasis on her presentation was the prevention of pressure ulcers. She stressed the use of the risk assessment tool e.g. Braden, Waterlow risk assessment tool, etc. The classification systems like the National Pressure Ulcer Advisory Panel or European Pressure Ulcer Advisory Panel were encouraged to be utilised when the ulceration already occurred. Wound bed preparation was applied

in the management of pressure ulcers.

Dr Weir presented the physiology, assessment and the management of lower leg ulcers. The emphasis was on assessing and managing the patient comorbidities before attending to the wound, as he stated that *"health care professional should never treat the hole in the patient, but a patient as a whole..!"*. He encouraged hospitals and clinics in buying the dopplers when dealing with patient with lower leg ulcers.



An interactive sessions with trade members (Wound Care Companies)

allowed delegates to explore the modern wound care products in order to recommend them to their managers based on what classification is the product or mode of action, time frame on the wound bed, etc. Case studies on complicated wounds were presented in order that

delegates could apply the knowledge they gained. WHASA would like send their gratitude to the trade members that were present, the organizers of Rob Ferreira hospital esp. Me Shube and Sr Thandi Mavimbela. ***The Top 10 Questions About Wounds Answered*** was presented at Nelspruit Medi-clinic to the 17 medical doctors later that day by Dr Weir. We really thank Dr Weir for his hard work by presenting WHASA.



The WHASA Mpumalanga Executive committee was nominated. Names of the elected candidates will be announced in the later stage at the WHASA website (www.whasa.org), as some of the nominated candidates were not present that day for acceptance.

"Mpumalanga is on fire...! Eya chesa..!"