



**Free State Seminar 1st July 2010**  
**Benedictus Kok Building, Main Campus**  
**University of the Free State**  
**08h00 to 16h00**

**THEME: Pressure Ulcers: "A Nightmare"**

**Programme:**

08h00 – 08h30	Registration and morning tea
08h30 – 09h30	Legal Implications
09h30 – 10h00	Pathophysiology of Pressure Ulcers
10h00 – 10h30	Tea Break
10h30 – 13h30	Workshop: Preventions of Pressure Ulcers
13h30 – 14h00	Lunch
14h00 – 16h00	Workshop: Management of Pressure Ulcers

**Outcomes**

- Discuss the significance of pressure ulcers as a health care problem
- Implement strategies for pressure ulcer prevention
- Identify risk factors for the development of pressure ulcers and complete risk assessment tools
- Assess and classify pressure ulcers
- Manage a patient with pressure ulcers
- Describe the general rules for proper wound care charting
- Describe strategies to improve consistency and accuracy of medical record documentation that minimize potential litigation risk